

RCIA Make Up Video Lesson Sheet

**Lesson 16 – The Liturgical Year; Lent
Presenter: Deacon Lou Roman**

Name _____

1. In the very early Church, there was only one liturgical event that the church celebrated. What day was that?

How many years later did the early Christians begin to celebrate Christmas?

2. Is every Sunday Mass considered a “Little Easter”?

_____ Yes _____ No

3. What are the **highest ranking** feast days called?

Name 2 of them:

4. What are the 5 Liturgical seasons, and what color represents each season?

| <u>SEASON</u> | <u>COLOR</u> |
|---------------|--------------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

5. Deacon Lou discusses the three holiest days of the year (The Triduum). What are they?

1)

2)

3)

6. What is a “holy day of obligation”?

How many are there every year?

7. What is Lent and what does it mean to you?

8. During lent we are called to give alms. What is “almsgiving”?

9. What can you do to fulfill the Lenten call of almsgiving? (Give some examples/ideas.)

10. Deacon Lou shares how he has felt called to “simplify” his life. What can you do to simplify your life during Lent?